

# These 3 Things Can Make You Live Forever Happy And Successful

Property Of

NL\_SOFT

[NairaLearn.com](http://NairaLearn.com)

**08068608490**

Are you finding life stressful, hardships read: *these 3 things can make you live forever happy and successful*

Learn about the 3 things and put them into practice, there will be no room for stress, depression, hardship in your life again as you will discover more reasons to live a **better life**

# These 3 Things Can Make You Live Forever Happy And Successful

[WWW.NAIRALEARN.COM](http://WWW.NAIRALEARN.COM)  
Call Or Whatsapp 08068608490



Life is for the living until you choose to take care of these 3 things, you may be living the wrong ways

***This article! 3 Things Can Make You Live Forever Happy And Successful*** shows you how to become your best self and live up to your full potential by outlining the science and art of living, achieving your goals and dreams.

To give your life the best, find the time and turn your phone screen off and look at your reflection in it right now. ***Ask yourself how happy you are with your life?.***

Remember this is between you and yourself alone, so tell your self the truth, no faking, no pretending, is just you alone

As you ask yourself this question, consider how you feel about the answers you give. ***Are you satisfied? Do you feel like you're living up to your full potential?***

If you didn't shy away from the hard truths that you know you need to confront, then you're on the way to a better life. While it's difficult to see where you are and that it's not where you'd like to be, you can change.



Life is for the living, you can live forever happy and successful, but it all starts by you telling yourself the truth

***These 3 Things Can Make You Live Forever Happy And Successful***

***Living The Good Life Is All About Self Responsible***

You can reach your full potential. It is possible to become the hero, heroine of your own story and live the life you've always dreamed of

When you tell yourself the truth you stand a chance in discovering what science and art have to say about you when it comes to improving yourself and becoming the person you've always wanted to be!

Let's see how much our lives will change by learning these 3 lessons ([\*\*These 3 Things Can Make You Live Forever Happy And Successful\*\*](#))



## **The 3 Steps**

1. You'll be far happier, and thus more successful, if you give you up your weaknesses to find, work with, and improve your strengths.
2. Greater happiness also comes from having clear goals and working toward them with little steps.
3. Believe that you can change anything about yourself because it's true.

**1. You'll be far happier, and thus more successful, if you give you up your weaknesses to find, work with, and improve your strengths.**

**2. Greater happiness also comes from having clear goals and working toward them with little steps.**

**3. Believe that you can change anything about yourself because it's true.**

**1: Find out what your strengths are and do work that utilizes them, it will make you happier which will bring more success.**

I used to focus hard on fixing everything that I was really bad at. A lot of the time, I wasn't very happy because I was ignoring my strengths.

It comes to a time when I even stop fixing myself, I stop living for my self but was deeply focusing on fixing and living for others, the result was a disaster

Until I realize but the moment I let go of my weaknesses and had room to work on and with my strengths, everything changed not overnight but as time progress

I've worked more productive hours recently by doing work that I was naturally good at than I had at any point in my previous career that I was just okay at.

The reason? I'm 10x happier with what I'm doing now. I actually want to do it, so I don't have to think about being productive.

So how do you live forever happy and successful, **Tips Number one?**



WWW.NAIRALEARN.COM

# Focus more on your Strengths

NL\_SOFT

**Focus more on your strengths, do more of the things you are more productive on, and worry less about your weakness**

The Gallup Organization conducted research that discovered that focusing on strengths is a requirement to reach full potential.

Their study identified that when people that used their strengths daily had six times higher engagement levels at work. They were also three times more likely to say they had an excellent quality of life!

Martin Seligman, the father of positive psychology, also conducted research that reinforces the truth that using your strengths regularly makes you happier.

If you've ever seen people that seem to always be happy and performing at their best, this is their "big secret." I used to be skeptical that I could ever figure it out myself until I discovered my strengths and tried it out in my work.

To find out what you're good at, try a *Google search for quizzes* and take a few. Also, ask the people who know you best what they think your strengths are.

## **2: Get clear on your goals and start working on them by taking tiny steps.**

You've got to get some goals if you don't have some already. According to science, people with goals are happier than those who don't.

**Have a goal and budget your plans in achieving your goals yearly, monthly, weekly and daily, stay focused on your goals plan and work smarter in achieving them, you will be happier once your goals are meant daily**

When you set your sights on your dreams, you have motivation, hope, and confidence that you don't get otherwise.



You should outline your goals and have an actionable plan in achieving them

You might be sitting there thinking “this sounds great but I have no idea how to stick to my goals.” Well, that’s normal, but what you’re about to learn will make it so you don’t ever have to worry about that again.

***First***, check that whatever you’re working toward lines up with your values. This will keep you motivated to stay consistent even if it takes a while. **Ask yourself what you value the most, then set your goals around those priorities.**

### ***For Example***

*You may have an interest on the **modelling**, maybe becoming a world-class model is your main goal, so if such, you need to outline your goals prioritize around things that will help you in achieving your goal, in the main time, you also have to build up and maintain your beauty and brain, you have to read, study smarter to beat the disaster of being beautiful without brains, you have to keep fit, attend model training and quest, etc*

Then, make sure that your goal and plan to achieve it is SMART-specific, measurable, attainable, realistic, and time-bound.

Lastly, but most important, is keeping your initial steps toward achieving these dreams small. Make them so small that it seems ridiculous almost. This is the best thing you can do to make achieving your goals inevitable.

That's because it helps you stay consistent, which builds confidence. You'll also avoid getting overwhelmed, further increasing your chances of success!

### **3: You can change, but you've got to begin by having the right mindset about yourself.**

Do you remember the last time you failed miserably? Did you get back up and try again? Or was your attitude more one of "I can never change?"



If you have a fixed outlook, then you'll give up after a failure. You think that you cannot change your abilities, mental or physical, no matter how much work you put into them. This way of thinking cripples your chances of becoming your best self.

Those with an attitude of growth, on the other hand, believe that change is possible, no matter how difficult. They get up after falling, every time.

Because of this, they'll try new things and keep going even when it gets difficult. They're correct about how personal growth works, and as a result, they reach their full potential.

So how can you beat your dysfunctional thinking and develop a growth mindset? Make it more difficult for yourself to be negative and easier to be positive.

***Get a jar,*** and each time you are negative, put a naira or dollar into it. Every time you use phrases like "I can't" or "I'm never going to change," you'd add money. When the month is over, donate the money to your favorite charity or church

**We do like to hear from you and connect with you on WhatsApp, Please kindly add us up on WhatsApp, by saving this number +2348068608490**

You Can Read This Article Live On [Nairalearn.com](http://Nairalearn.com), [CLICK HERE](#)

You can view our WhatsApp status and get more updates and incentives giveaway  
from us

Stay blessed

FOR MORE VISIT [WWW.NAIRALEARN.COM](http://WWW.NAIRALEARN.COM) AND ADD US ON WHATSAPP. THANKS